

# FreshStart

helping people make a home for themselves

**F**or those who have been homeless, they have no belongings. When they move into a flat, they cannot make a cup of tea, light a lamp, shut their curtains or snuggle up under their duvet. **YOU** can help.

Below is a list of household items that can help make a house a home.



**Dishes and Cutlery** • Dinner Plates • Side Plates • Bowls • Cutlery  
• Glass Tumblers • Mugs • Tea-Towels



**Cleaning Items** • Washing Up Liquid • Toilet Cleaner • Toothbrushes  
• Toothpaste • Hand Soap • Toilet Rolls • Bin Bags & Liners  
• Dustpan & Brushes • All Purpose Cleaners • Laundry Tablets • J-Cloths



**Pots and Pans** • Soup Pots • Frying Pans • Milk Pans • Cooking Utensils  
• Can Openers • Potato Peelers • Wooden Spoons



**Bed Linen and Towels** • Single, Double & King • Sheets • Duvets • Pillows  
• Duvet Covers • Pillow Cases • Blankets • Towels • Curtains • Face Cloths



**Small Household Electric Items** • Kettles • Toasters • Lamps • Irons  
• Vacuum Cleaners • Radios • DVD Player • Microwaves • Music Systems



**Long Lasting Food Products** • Tins & Jars of: Beans / Spaghetti / Soup /  
Vegetables / Meat / Fish • Cooking Sauces • Packets of Pasta • Rice • Cereal  
• Porridge • Biscuits • Sugar • Tea Bags • Instant Coffee • UHT Milk

We are an accredited Revolve organisation, meaning that the goods that we re-use must meet the required standard set out by Zero Waste Scotland. In order to reduce waste, please can all donated items be in a clean, reusable condition as we do not have the facilities available to wash items. We are charged for the disposal of all items that we are unable to use, which impacts on the services we are able to provide. Please can you also avoid hard plastics, such as buckets, as they cannot be used in our packs and end up in landfill.



FOR MORE INFO PLEASE CALL **0131 476 7741**  
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