

Fresh Start

helping people make a home for themselves

COOKERS FOR CHRISTMAS 2023



Fresh Start are launching our 2023 Cookers for Christmas campaign. Over the past year, with the cost of living crisis, we have seen referrals for this service increase by 50% - people moving into their new tenancies simply can't afford the high cost of white goods.

Already stretched budgets are being squeezed for families when their appliances stop working, and the prospect of having to replace them is terrifying and pushing people into debt - just to be able to put a hot dinner on the table.

By donating to Fresh Start's Cookers for Christmas campaign, you are not only helping someone at the most troubling

and stressful time of their lives - you are putting a hot meal on the table for a household, you are allowing someone to make healthy life choices by giving them the means to store their food properly and giving them the basic dignity of being able to wash their clothes.

Cookers for Christmas provides white goods to people and families in need throughout

the year and a donation can help to build a home with these basic essentials that we all take for granted.

In a year where we have seen the need for this service double, we need your help more than ever to help those most at risk in society.

We understand that times are tough for everyone at the moment, but if you can donate, please complete the enclosed flyer and return to us, or visit our Just Giving page to ensure that people are living with dignity and hope this coming year.





▶ TEAM FRESH START'S KILT WALK 2023

Over the September weekend, Team Fresh Start took part in the Edinburgh Kilt Walk raising vital funds to help people moving on from homelessness.

Several of our staff team and wonderful volunteers and supporters gave up their Sundays to take on the almost marathon distance of 21 miles for the Mighty Stride, with the others tackling the 15 and 5 mile challenges.

Unfortunately, the rain didn't stay off, making the challenge a little more tricky round the coastal routes – but the team powered through, finishing up at Murrayfield to collect their well deserved completion medals.

The team have collectively raised over £3,000 that will help us to continue our work helping people to make a home throughout the city.

▶ FESTIVE OPENING HOURS

FRESH START WAREHOUSE, OFFICES AND PANTRY WILL CLOSE FOR THE FESTIVE PERIOD ON FRI, 22ND DEC AT 12.30PM & REOPEN ON WED, 3RD JAN.

The community carol concert in aid of Fresh Start will take place on Thur 14th December at 12.30pm at The Parish of St Cuthbert's on Lothian Road, followed by a sandwich lunch for volunteers, all are welcome to attend.



▶ THANKS FOR YOUR PATIENCE

As some of you will be aware, we put a pause on accepting donations throughout October to allow us to carry out much needed renovations on our warehouse.

This is the first phase of our renovations, moving our PAT testing area to the room at the rear of the building and installing windows in the room and in the Warehouse Manager's office.

At the start of next year we will also be installing windows into the main warehouse area

and reorganising the space to allow the flow of goods to run smoothly and making some more room for the processing of goods as we try to meet the increased demand for our services.

Thank you for your patience and bearing with us during this time, and for holding onto any donations. More to follow on the next phase in the coming weeks.

We understand that this has been a bit of a disruptive time but appreciate you bearing with us.



If you can, please 'like' 'follow' and 'share' us on Facebook and Twitter. This is a good way for us raise our profile in the wider community. We post regularly to keep in touch with our followers and supporters. We appreciate all your help. www.facebook.com/fresh.start.edinburgh and Twitter: @FreshStartWeb.

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